WEBSITE HEALTH & CARE REPORT

Lumina Health & Wellness

October 2026

REPORTING PERIOD	PREPARED FOR	PREPARED BY	REPORT DATE
October 2026	Lumina Health & Wellness	Apex Digital Studio	November 1, 2026

CURRENT SITE STATUS

All core systems operating at 100% capacity with zero security incidents or downtime.

AT A GLANCE

UPDATES APPLIED	UPTIME	SECURITY ITEMS	BROKEN LINKS
14 / 14	99.98%	0	0
All up to date	No downtime recorded	Nothing open	All links working

01 OVERVIEW

Summary from your team

During October 2026, Lumina Health & Wellness achieved 99.98% uptime across 8,920 automated health checks. All 14 plugin and theme updates were deployed using visual snapshot comparison with zero visual or functional regressions. Deep security forensic scans confirmed 0 active threats, and Core Web Vitals maintained high-performance benchmarks across mobile and desktop devices.

02 THIS PERIOD

4 TASKS COMPLETED

What we did for you

✓ **Safe Plugin & Theme Updates**	14 updates applied with automated snapshot rollback verification; zero customer checkout or booking disruptions.
✓ **Continuous Security Monitoring**	Completed 4 weekly automated deep forensic scans across 4,810 core, plugin, and theme files with 0 vulnerabilities detected.
✓ **High-Availability Uptime Auditing**	Continuous 5-minute health checks recorded 99.98% overall uptime with an average server response time of 248ms.
✓ **Automated Link Health Crawl**	Scanned 348 internal and external URLs across blog posts, services, and booking forms. All links returned HTTP 200 OK.

03 AVAILABILITY

■ ON TARGET

Uptime & Availability

UPTIME	DOWNTIME EVENTS	AVG. RESPONSE TIME
99.98%	0	248 ms
Target 99.50%	None recorded	Fast & reliable

Global response times remained stable between 210ms and 280ms throughout October. No outage was detected.

> WHAT THIS MEANS
> *Health monitors ping the homepage and booking workflow every 5 minutes from multiple global regions.*

04 MAINTENANCE

■ ALL UP TO DATE

Updates & Maintenance

TOTAL PROCESSED	SUCCESSFUL	FAILED	PENDING
14	14	0	0
this period	applied cleanly	no failures	none waiting

All updates tested in sandbox environment before deployment to production.

> WHAT THIS MEANS
> *Updates were deployed sequentially during off-peak hours with automated before/after visual difference verification.*

NAME	TYPE	VERSION	STATUS
WooCommerce	Plugin	9.2.4 → 9.3.1	SUCCESS
Elementor Pro	Plugin	3.24.2 → 3.25.1	SUCCESS
Advanced Custom Fields Pro	Plugin	6.3.6 → 6.3.8	SUCCESS
Yoast SEO Premium	Plugin	23.4 → 23.6	SUCCESS
WP Rocket	Plugin	3.16.8 → 3.17.2	SUCCESS
Wordfence Security	Plugin	7.11.5 → 7.11.7	SUCCESS
Fluent Forms Pro	Plugin	5.1.8 → 5.2.0	SUCCESS
Astra Pro Theme	Theme	4.7.1 → 4.8.2	SUCCESS

05 PROTECTION

NOTHING OPEN

Security Posture

- Core Integrity Check: **0**
- PHP Malware & Backdoors: **0**
- Known CVE Vulnerabilities: **0**
- Sensitive Config Exposure: **0**

Two-Factor Authentication All 4 administrator accounts have mandatory 2FA active.

Database Backup Integrity Automated daily encrypted offsite backups verified.

WHAT THIS MEANS

Automated signature scans compare all WordPress core and plugin files against clean checksum repositories.

06 CORE WEB VITALS

PageSpeed & Performance

MOBILE SCORES

Performance	Accessibility	Practices	SEO
94	98	100	100

DESKTOP SCORES

Performance	Accessibility	Practices	SEO
99	100	100	100

07 WHAT HAPPENS NEXT

2 ACTION ITEMS

Our plan for next month

1 **WebP Image Conversion** PERFORMANCE

New clinic photography uploaded this month will be optimized to modern WebP format next cycle.

2 **Schema Markup Review** SEO

Review local healthcare provider structured data to improve Google Maps integration.

Questions or Special Requests?

Thank you for trusting Apex Digital Studio with Lumina Health & Wellness. Your site is monitored 24/7/365 to ensure high availability, security, and peak conversion performance.

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